

MIDSUMMER MIDWEEK ADULT RETREAT

SACRED SPACES INSIDE AND OUT

MEDITATION • MOVEMENT • MUSIC

July 31, 2018 (7:00pm to 9:30pm)
August 1, 2018 (10:00am to 9:00pm)
August 2, 2018 (10:00am to 12noon)

Location: St. John's United Church, 533 Main Street, Glen Williams

RSVP: office@stjohnsuc.ca

More information on our website: www.stjohnsuc.ca

Cost: sliding scale \$40 to \$80 (pay what you can)

Leaders: Dale Cimolai, Katharine Krul, Carolyn Maule, Anne Wilcox

Sessions: Dance with the Spirit • Drumming • Labyrinth

Meditation • Qi Gong • River Walk and much more...

Light refreshments will be served.

Proceeds of the retreat will fund future Christian Education activities for adults.



Open Doors, Open Hearts, Open Minds